

# A Summer in Psalms

The Book of Psalms is a collection of five smaller books; each a compilation of ancient Hebrew songs and poems devoted to the praise and worship of God. Written over centuries by various authors, the Book of Psalms, or “Praises”, served as a hymnbook for Jewish congregational worship as well as private worship and devotion. The Psalms continue to help worshippers draw near the heart of God today! Last summer we studied Psalms from Book One (Psalms 1-41) written by King David, a man after God’s own heart. This year we move to Book Two (Psalms 42-72 ) to ponder and meditate on Psalms of David and others who sought to glorify God and abide in His presence!

For your weekly studies, we encourage you to use this lesson sheet and/or your own notebook to record what the Lord shows you. Though the questions on this sheet will remain the same, the Lord will provide fresh insight through His living Word.

## Prepare

Before you begin, pray to quiet your heart and mind and focus your attention on the Lord. As you study, ask the Holy Spirit to guide and instruct you. Take time to follow His lead, and pray for wisdom and understanding as you go.

## Study and Reflect

1. Read through the psalm. Ponder each verse, taking note of what draws your attention. Follow any prompts from the Lord to look more deeply into the Scriptures. Define unfamiliar or interesting words and note any questions.

